

Mambo No 5

Level: Beginner **Genre:** Pop
Artist: Lou Bega
Choreo: Amanda Lim
Speed: Normal **Length:** 2:43
Sequence: A B C A B C Break C
Wait: 8 Beats

Quick Cues

Part A (48 beats)

4 Over The Log
4 **2** Basketball Turns (**1/2L**
ea)
4 **2** Basic
4 **4** Double Step
8 **2** Stomp Double
8 Louisiana (**1/2 or Full R**)
8 **2** Stomp Double
8 Louisiana (**1/2 or Full R**)

Part B (48 beats)

8 **2** Chain (1 arm up down)
8 **2** S RS Sideways (2 arms)
8 **4** Step Touch (Swing arms)
24 REPEAT

Part C (16 beats)

12 **3** Toe Heel Cha Cha
4 Hips

Part A* (24 beats)

4 Over The Log
4 **2** Basketball Turns (**1/2L**
ea)
4 **2** Basic
4 **4** Double Step
8 **2** Stomp Double

Part B (48 beats)

8 **2** Chain (1 arm up down)
8 **2** S RS Sideways (2 arms)
8 **4** Step Touch (Swing arms)
24 REPEAT

Part C* (28 beats)

8 **2** Toe Heel Cha Cha
16 **4** Trombones
4 Hips

Quick Cues

Part B (48 beats)

8 **2** Chain (1 arm up down)
8 **2** S RS Sideways (2 arms)
8 **4** Step Touch (Swing arms)
24 REPEAT

Part C (16 beats)

12 **3** Toe Heel Cha Cha
4 Hips

Step Definitions - Mambo No 5

OVER THE LOG:

(P)	S (FWD)	(P)	S (FWD)	S (BK)	S (BK)	(P)	CLAP
	L		R	L	R		
&	1	&	2	&	3	&	4

BASKETBALL TURN:

(P)	S (FWD)	PVT (1/2	R)	S
	L	L		R
&	1	&		2

BASIC:

DS RS
L RL
&1 &2

DOUBLE STEP:

DS
L
&1

STOMP DOUBLE:

(P)	STO	DS	DS	RS
	L	R	L	RL
&	1	&2	&3	&4

LOUISIANA STEP:

[DS	DS	DS	DS]	(FWD)	(P)	S (BK)	(P)	S (BK)	PVT (1/2	R)	S (FWD)	(P)	S (FWD)
L	R	L	R			L		R	R		L		R
&1	&2	&3	&4		&	5	&	6	&		7	&	8

CHAIN:

DS RS RS RS (MOVE FWD BK L OR R)
L RL RL RL
&1 &2 &3 &4

STEPPING VINE:

(P)	S (OTS)	(P)	S (XIB)	(P)	S (OTS)	(P)	TCH
	L		R		L		
&	1	&	2	&	3	&	4

TOE HEEL CHA CHA:

(P)	T-H	T-H	S (FWD)	S	S (BK)
	L	L	R	R	L
&	1	&	2	&	3

TROMBONE:

(P)	S (OTS)	(P)	S (BS)	(P)	S	RS
	L		R		L	RL
&	1	&	2	&	3	&4

HIP:

(P)	HIP	L	(P)	(P)	(P)	HIP	R	(P)	(P)
	L					R			
&	1	&	2	&	3	&		&	4